

Appendix 1 - Provision of activity and links with Foreshore Trust aims

1. Prevention or relief from poverty and improving the quality of local families lives

Hastings faces significantly high levels of deprivation with nationally rated high levels of child poverty. Our Town's poorest families have too little money to cover basic weekly living costs, let alone a day trip to the beach. Family day trips to the beach have a special place in childhood memories and every child deserves to have a beach day out once in a while, no matter what their circumstances. Play can work towards preventing social exclusion. Play can shield children from some of the negative aspects of poverty and allow them to develop inner resources to build resilience to difficulties to uncertainty in the home and in other parts of life. A varied mix of good quality play opportunities on our Seafront, which are cheap or free to access and easily accessible for all children gives every child equal access to these life enhancing chances. Supportive Hub staff will help build parents confidence and provide a safe place to go that will grow families' engagement in play and the benefits it offers.

2. Advancement of Education Play opportunities provide the biggest benefit in a child's development. The Beach is a play environment which is rich in natural play opportunities. We aim to support our local parents by showcasing a variety of play experiences, which can be recreated by parents at little or no cost once learnt about. In addition qualified play staff will provide extra play resources to include opportunities to learn through play such as Clay, painting, construction, sand and water play and messy play.

All children should be given the opportunity to learn and develop in a natural environment. Our resorts services officer has recently trained at level 3 to deliver Beach school activities. The Hub will offer Beach school activities that are designed to be inclusive to families who just turn up on the day. The sessions will provide structured learning based around environmental education.

Young volunteers will be mentored on site by trained play and sports staff to build confidence through participation in the delivery of sports and play activities.

3. Advancement of health The opportunity for children to spend a healthy, happy time and experience playing on the beach is an opportunity every child should enjoy. This project aims to support parents to visit the beach more, providing friendly staff and a hub to meet at and play. The hub will give opportunities for both children and adults to extend their social and peer networks.

Many families through lack of confidence, funds or support often end up spending summer days cooped up inside, tucked away with children on electronics and not enjoying the natural environment. This project aims to ensure families are empowered to discover the freedom and joy of the beach and have a hub to support their visit. The Hub will provide free Sun cream and drinking water, basic first aid kit with all staff first aid trained. We hope as the

project grows to be able to gift free sun hats and loan out parasols to families if needed.

It is envisaged that the Hub will support families to engage in a variety of physical activities at the beach. Families will be invited to get active together for Beach rave sessions at the hub, making use of our Active Hastings Dance tutors who will deliver outside family rave hours. Organised Frisbee, rounder's, volley ball and football games can be coordinated by our staff during each Hub session.

4. *Advancement of Citizenship / community development* The hub as a small community drop in will create a space that can provide the catalyst community cohesion, building community resilience and building bridges between attendees. The Hub will benefit families who come together with a shared aim of enjoying the Beach Play and Sports activities .The Hub sessions will provide volunteer opportunities for our young volunteers team .Our young volunteers project enables local young people to become advocates for play through delivery at sessions. There is also the potential for other voluntary and community groups to work in partnership with us on site once the hub is up and running.